

1. Record Nr.	UNINA9910827490403321
Titolo	Nutrition services in perinatal care // Committee on Nutritional Status During Pregnancy and Lactation ... [et al.]
Pubbl/distr/stampa	Washington, D.C., : National Academy Press, 1992
ISBN	1-280-21142-3 9786610211425 0-309-57281-9 0-585-08520-X
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (128 pages)
Disciplina	362.1/9824
Soggetti	Pregnancy - Nutritional aspects Puerperium - Nutritional aspects Newborn infants - Nutrition Maternal health services - United States Infant health services - United States Nutrition policy - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Institute of Medicine"--Cover. "S553"--T.p. verso.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Nutrition Services in Perinatal Care -- Copyright -- Acknowledgments -- Contents -- Executive Summary -- PREVIOUS RECOMMENDATIONS AND UNDERLYING ASSUMPTIONS -- OVERVIEW -- CONTENTS OF THE REPORT -- RECOMMENDATIONS -- 1 Introduction -- BACKGROUND INFORMATION -- STUDY APPROACH AND SCOPE -- PREVIOUSLY PUBLISHED RECOMMENDATIONS AND UNDERLYING ASSUMPTIONS -- Patient-Centered, Individualized Care -- Family Involvement in Care -- Team Care -- Continuity of Care -- ORGANIZATION OF THE REPORT -- REFERENCES -- 2 Nutritional Concerns of Women in the Preconceptional, Prenatal, and Postpartum Periods -- PRECONCEPTIONAL NUTRITION -- Goals of Preconceptional Nutrition Services -- Health Conditions Warranting Special Nutrition Services Before Pregnancy -- Preexisting Diabetes Mellitus -- Phenylketonuria

-- History of Poor Pregnancy Outcome -- Extremes of Maternal Weight for Height -- Maternal Eating Disorders -- Other Chronic Conditions or Diseases -- PRENATAL NUTRITION -- Nutritional Demands of Normal Pregnancy -- Nutrients -- Energy -- Nutrition in Complicated Pregnancies -- Conditions Specific to Pregnancy -- Systemic Health Problems -- Conditions Involving Unhealthy Behaviors -- Miscellaneous Disorders -- POSTPARTUM NUTRITION -- Replenishing Nutrient Stores -- Nutrition Recommendations for Lactating Women -- Diet and Lactation in General -- Specific Nutrients and Energy -- Diet for and Supplementation of the Lactating Woman -- Weight Loss -- Conditions Warranting Special Nutrition Services -- Special Considerations at the Postpartum Visit -- SUMMARY -- REFERENCES -- 3 Basic and Special Nutrition Services for Women in the Preconceptional, Prenatal, and Postpartum Periods -- DELIVERY OF BASIC NUTRITION SERVICES -- Overview of Basic Services -- Personnel -- Knowledge Base and Clinical Skills -- Knowledge and Understanding -- Assessment Skills. Health Maintenance Skills -- Intervention Skills -- Management of the Organization and Delivery of Nutritional Care -- DELIVERY OF SPECIAL NUTRITION SERVICES -- Overview of Special Services -- Personnel -- Knowledge Base and Clinical Skills -- Knowledge and Understanding -- Assessment Skills -- Intervention Skills -- Management of the Organization and Delivery of Nutritional Care -- SUMMARY -- REFERENCES -- 4 Basic Nutrition Services for Newborn Infants -- BASIC CARE FOR THE NEONATE -- Planning for the Support of the Breastfeeding Woman -- Home Visits and Other Early Follow-up -- DELIVERY OF BASIC NUTRITION SERVICES FOR INFANTS -- Personnel -- Knowledge Base and Clinical Skills -- Knowledge and Understanding -- Assessment Skills -- Health Maintenance Skills -- Intervention Skills -- Management of the Organization and Delivery of Nutritional Care -- SUMMARY -- REFERENCES -- 5 Newborns Who Need Special Nutritional Care -- BACKGROUND -- Conditions That Often Require Special Nutritional Care -- Challenges That Confront Clinicians -- Estimating Nutrient Requirements -- Adapting to Changing Needs -- Physical and Physiologic Limitations -- Effects of Medical Therapies on Nutrition -- The Nutritional Care Plan -- FEEDING METHODS -- Enteral Feedings -- Human Milk -- Formulas -- Methods of Enteral Feeding -- Breastfeeding -- Bottle Feeding -- Tube Feeding -- Parenteral Feeding -- MONITORING -- Food and Fluid Intake and Output -- Anthropometric Changes -- Weight -- Length -- Head Circumference -- Laboratory Values -- Clinical Observations -- NUTRITION SERVICES DELIVERY FOR NEONATES WITH SPECIAL NEEDS AND THEIR FAMILIES -- Components of Special Nutrition Services -- Intensive Care -- Intermediate Care -- Follow-up Care in the Community -- Personnel -- Education and Training of Health Care Providers -- Knowledge Base and Clinical Skills. Knowledge and Understanding -- Assessment Skills -- Intervention Skills -- Program Management and Evaluation Skills -- SUMMARY -- REFERENCES -- 6 Providing for the Continuity of Nutritional Care -- COORDINATED SERVICES -- PATIENT-CARRIED HEALTH DIARIES -- COMPUTER-BASED PATIENT RECORDS AND SYSTEMS -- SUMMARY -- REFERENCES -- 7 Closing Remarks and Recommendations -- MEASURES FOR IMPROVING NUTRITIONAL CARE -- Patient-Centered, Individualized Care -- Family Involvement in Care -- Team Care -- Nutritional Care Plans -- Education and Training of Practitioners -- RECOMMENDATIONS -- REFERENCES -- Index.

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