1. Record Nr. UNINA9910827490003321 Autore Koppelman Kent L Titolo Wrestling with the angel: literary writings and reflections on death, dying and bereavement / / Kent L. Koppelman Amityville, N.Y., : Baywood Pub. Co., c2010 Pubbl/distr/stampa **ISBN** 1-351-84049-5 1-351-84048-7 1-315-22330-9 0-89503-748-3 Edizione [First edition.] Descrizione fisica 1 online resource (167 p.) Collana Death, value, and meaning series Disciplina 155.9/37 Soggetti Bereavement - Psychological aspects Death in literature Death - Psychological aspects Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia First published 2010 by Baywood Publishing Company, Inc. Note generali Nota di bibliografia Includes bibliographical references and index. ""Wrestling with the Angel: Literary Writings and Reflections on Death, Nota di contenuto Dying and Bereavement""; ""Cover""; ""Title Page""; ""Copyright Page""; ""Table of Contents""; ""Baywood's Free Gift To Readers Of Wrestling With The Angel""; ""Foreword""; ""Acknowledgments""; ""PART 1: Death and Loss""; ""Chapter 1: Loss: An Unexpected Death""; ""Chapter 2: Mortality: A Matter of Life and Death""; ""PART 2: Responding to an Unexpected Death""; ""Chapter 3: Bereavement: Becoming a Survivor""; ""Chapter 4: Reconciliation: Living with an Absence""; ""PART 3: Responding to Expected Deaths"" ""Chapter 5: Bereavement: Expecting Death""""Chapter 6: Awareness: Promoting the Quality of Life": ""PART 4: Approaching the End of Life"": ""Chapter 7: Growing Old: Walking through the Valley""; ""Chapter 8: Anticipation: Preparing for Death""; ""Afterword: Final Thoughts""; ""Index""; ""Select Titles From The Death, Value And Meaning Series""; ""Back Cover""

"Wrestling with the Angel addresses the human struggle to cope with

death, dying, grief, and bereavement. The book includes essays, a oneact play, a short story, and poetry, including shape poems, rhyming,

Sommario/riassunto

structured verse, and free verse. In the one-act play, an angel of death comes for a man who has lived an unexamined life and wants to explain why he is not prepared to leave. The short story offers a humorous look at a man who resists aging by continuing to view himself as the young man he once was. The diverse genres allow for different ways of exploring these issues, but all are intended to engage the reader's emotions as well as intellect. The writings incorporate reflections and quotations addressing common human issues related to our mortality and explore reactions to the loss of a loved one--whether expected, such as the death of an aging parent or someone with a terminal illness, or unexpected, such as accidental death. The final chapters examine how aging causes us to assess our lives and why preparing ourselves for death can enhance the quality of our life. This is a book with many more questions than answers, but the reader is invited to share in the process of finding answers. It is a book that requires the reader to be comfortable with ambiguity, because the reality it describes is often ambiguous--a reality that presents us with many choices but few certainties. Intended Audience: Scholars, hospice workers, funeral home directors, hospital chaplains, ministers, and others who work with bereavement issues; classes in death education and classes for mental health professionals in death and grief; general readers who have suffered the loss of a loved one."--Provided by publisher.