

1. Record Nr.	UNINA9910827321103321
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Titolo	Democracy in the workplace and at home : finding freedom, liberty and justice in the lived environment / / by Randall Ray Booze
Pubbl/distr/stampa	Newcastle upon Tyne, England : , : Cambridge Scholars Publishing, , 2014 ©2014
ISBN	1-4438-6901-5
Descrizione fisica	1 online resource (171 p.)
Disciplina	321.8091724
Soggetti	Democracy - Developing countries
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	TABLE OF CONTENTS; LIST OF TABLES; LIST OF FIGURES; ABSTRACT; ACKNOWLEDGEMENTS; PREFACE; CHAPTER ONE; CHAPTER TWO; CHAPTER THREE; CHAPTER FOUR; CHAPTER FIVE; CHAPTER SIX; REFERENCES; APPENDIX A; APPENDIX B; APPENDIX C; APPENDIX D; BIOGRAPHICAL SKETCH
Sommario/riassunto	This book takes a unique look at democracy and how foundational concepts of democracy like freedom, liberty and justice play an important role in everyday lives and work and home environments. More importantly, the book looks at how lived environments that lack these concepts can negatively impact health and well-being. The book identifies opportunities for improvement in work and home environments through the introduction of the foundational concepts of democracy and how these concepts can ...