

1. Record Nr.	UNINA9910827312403321
Autore	Volkan Vamik D. <1932-, >
Titolo	Life after loss : the lessons of grief // Vamik D. Volkan and Elizabeth Zintl
Pubbl/distr/stampa	London : , : Routledge, , 2018
ISBN	0-429-91566-7 0-429-90143-7 0-429-47666-3 1-78241-450-9
Edizione	[First edition.]
Descrizione fisica	1 online resource (175 p.)
Disciplina	155.937
Soggetti	Grief Loss (Psychology) Bereavement - Psychological aspects Death - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	COVER; Contents; Introduction; Part One: Uncomplicated Mourning; Chapter I - Crisis Grief: The Hour of Lead; Chapter II - The Work of Mourning: Assessing the Relationship and Letting Go; Chapter III - Brutal Gifts: Loss as a Vehicle for Growth; Part Two: Complicated Mourning; Chapter IV - Risk Factors: Circumstances that Complicate; Chapter V - Stuck in Denial: When Crisis Grief goes Awry; Chapter VI - Perennial Mourners: When Loss has no Resolution; Chapter VII - Engulfed Mourners: When Grief Turns to Depression; Chapter VIII - A Death in the Family: How Parents and Children Mourn Part Three: Resolutions Chapter IX - Adaptations and Therapy; Chapter X - Creative Resolutions: When Grief Inspires; Notes; Bibliography; Index
Sommario/riassunto	"How we cope with grief and come to terms with the death of a loved one shapes our world. In this comprehensive guide to the mourning process, Dr Volkan, a world-recognised authority on grief, shows how each mourning is as individualised as our fingerprints, encoded with our past history of losses. Anecdotal and compassionate, this is a

profoundly moving and informative study of how grief and loss shape all our lives."--Provided by publisher.
