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Nota di contenuto	Cover; Contents; Foreword; Author's Note; Preface; Part I: About Anorexia in Boys; Chapter 1 - What is anorexia and what are the effects?; Chapter 2 - Boy's don't get anorexia, do they?; Chapter 3 - Triggers for boy anorexia; Chapter 4 - What to look out for; Chapter 5 - Living with an anorexic boy; Chapter 6 - Effects on the family; Chapter 7 - Self-help; Chapter 8 - Treatment options; Chapter 9 - Therapy, therapy, therapy; Chapter 10 - Healthy eating; Chapter 11 - Caring for the carer; Chapter 12 - Returning to normal life; Chapter 13 - Do boys get other eating disorders? Suggested Reading ListList of Useful Organisztions; Part II: Joe's Story; Chapter 14 - Setting the scene - happy chaos; Chapter 15 - Decline and fall; Chapter 16 - The diagnosis - watch out for Rex; Chapter 17 - The treatment - heaven or hell?; Chapter 18 - Recovering too quickly? Watch out for Rex; Chapter 19 - Coming home - will Rex come too?; Chapter 20 - Moving on - Rex has gone!

Sommario/riassunto

Jenny Langlely combines a practical guide on how to cope with male eating disorders with an engaging case study. Her son developed anorexia at the age of 12 and she turned her attention to finding out how best to combat this terrifying illness.
