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Sommario/riassunto	Practical reasoning answers the question »what should I do?« As reasoning it must be a valid combination of premises, as practical it must result in action. We can thus ask what form the premises must have and how they must be combined so as to be valid and practical, id est so as to result in rational action. The conventional approach to answering this question results in a dilemma. This book develops an alternative approach which resolves this dilemma. The key to this is to start by analysing the requirements that practical reasoning must meet in order to result in action. With these requirements, we can show that the form of the elements of practical reasoning is that of ends. The validity of practical reasoning will be shown to consist in necessary agreement among ends. The concept of ends and the validity of practical reasoning will be developed on the Basis of a critical assessment of rational choice theory. The resulting contrast is that between fully determined objects of preferences and general ends, between comparison and agreement.