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Nota di bibliografia	Includes bibliographical references (p. 285-294) and indexes.
Nota di contenuto	Contents; Acknowledgments; Preface; 1 The Effects of Parenting on Adult Development: What the Theories and Data Tell Us; 2 A Research Plan: Forty Fathers, Their Situations, and What They Can Tell Us; 3 Men's Construction of the Fathering Role: Balancing the Demands of What It Means to Be a Dad Today; 4 Fathering and the Life Course; 5 Navigating the Emotional Currents of Fathering; 6 Faith of Our Fathers: The Relationships Between Involved Fathering and Men's Faith, Morality and Values; 7 Fathering and Perceived Changes in Health 8 Being a Father and Being a Husband: The Effects of Fathering on Intimate Relationships 9 Fathers in Families: The Effects of Engaged Fatherhood on Relationships with Relatives; 10 The Social World of Fathers: Friends and Community Involvement; 11 Provisional Balances: The Effects of Fathering on Work and Career Development; 12 Costs-Benefits Analyses; 13 Provisional Balances Revisited; Appendix 1: Interview Schedule; Appendix 2: Biographical Sketches of Study Participants; References; Author Index; Subject Index; Participant Quote Index
Sommario/riassunto	Involved Fathering and Men's Adult Development is an interdisciplinary

book that synthesizes theoretical, empirical, and anecdotal writings from different fields and provides an analysis of extensive interviews with 40 fathers. Along with the exploration of the distinct contribution that fathers make to their children's development, the author pursues the parallel theme of the effect this involvement has on the fathers' own development in adulthood. This book will provide its readers with a realistic and useful beginning point to bring a synthesis of developmental theories, fa
