Record Nr. UNINA9910826951503321 Autore Mercer Jean Titolo Alternative psychotherapies: evaluating unconventional mental health treatments / / Jean Mercer Pubbl/distr/stampa Lanham, Maryland;; London:,: Rowman & Littlefield,, 2014 ©2014 **ISBN** 1-4422-3492-X Descrizione fisica 1 online resource (239 p.) Disciplina 616.89/14 Soggetti Psychotherapy - Methodology Mental illness - Alternative treatment Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Contents: Acknowledgments: 1 Introducing the Issue of Alternative Nota di contenuto Psychotherapies: 2 Regression Therapies: 3 Repression and Remembering in Alternative Psychotherapies: 4 Energy Therapies: 5 Bodywork, Passive and Active; 6 All About Attachment; 7 Understanding and Treating Autism; 8 Special Education and Treatments for Developmental Disabilities; 9 Conclusion; References; Index; About the Author Sommario/riassunto In this book, Jean Mercer evaluates a series of unconventional and potentially harmful psychological treatments that are rarely mentioned in the profession's literature. Mercer guides readers to an understanding of alternative psychotherapies that will help them advise clients with respect to existing and newly-emerging

unconventional treatments.