

1. Record Nr.	UNINA9910826951503321
Autore	Mercer Jean
Titolo	Alternative psychotherapies : evaluating unconventional mental health treatments // Jean Mercer
Pubbl/distr/stampa	Lanham, Maryland ; ; London : , : Rowman & Littlefield, , 2014 ©2014
ISBN	1-4422-3492-X
Descrizione fisica	1 online resource (239 p.)
Disciplina	616.89/14
Soggetti	Psychotherapy - Methodology Mental illness - Alternative treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Acknowledgments; 1 Introducing the Issue of Alternative Psychotherapies; 2 Regression Therapies; 3 Repression and Remembering in Alternative Psychotherapies; 4 Energy Therapies; 5 Bodywork, Passive and Active; 6 All About Attachment; 7 Understanding and Treating Autism; 8 Special Education and Treatments for Developmental Disabilities; 9 Conclusion; References; Index; About the Author
Sommario/riassunto	In this book, Jean Mercer evaluates a series of unconventional and potentially harmful psychological treatments that are rarely mentioned in the profession's literature. Mercer guides readers to an understanding of alternative psychotherapies that will help them advise clients with respect to existing and newly-emerging unconventional treatments.