

1. Record Nr.	UNINA9910826871103321
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Titolo	Clearing the haze : helping families face teen addiction // Christian Thurstone and Christine Tatum
Pubbl/distr/stampa	Lanham, Maryland : , : Rowman & Littlefield, , 2015 ©2015
ISBN	1-4422-3106-8
Descrizione fisica	1 online resource (184 p.)
Disciplina	616.8600835
Soggetti	Teenagers - Substance use Substance abuse - Treatment Addicts - Family relationships Addicts - Rehabilitation
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Foreword; 1 Why Adolescent Substance Use Is a Big Deal; 2 Parents' Tools for Planning, Communicating, and Monitoring; 3 What to Do When You Learn Your Child Is Using Drugs; 4 When to Seek Treatment and What to Look For in It; 5 Specific Family Objectives during Treatment; 6 Specific Family Objectives during Session; 7 How Parents Can Help Their Adolescents Not Use Substances; 8 Addiction Is a Chronic Condition That Requires Chronic Maintenance; 9 Taking Care of You; 10 Advocating for Adolescent Substance Prevention; 11 Additional Resources; 12 Summary; Bibliography; Notes; Index About the Authors
Sommario/riassunto	Clearing the Haze shows parents the warning signs of teen addiction, and offers information about prevention methods and treatment options. Offering firsthand accounts from former addicts, parents, and professionals, this work highlights the problems of teen addiction and provides guidance for those affected.