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Titolo	Neuroplasticity, performativity, and clergy wellness : neighbor love as self-care / / William D. Roozeboom
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ISBN	1-4985-2128-2
Descrizione fisica	1 online resource (177 pages)
Collana	Emerging Perspectives in Pastoral Theology and Care
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Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Neuroscience -- Deconstructing and reconstructing understandings of self -- A working theory of wellness -- Performativity and plasticity -- Theoretical and therapeutic implications -- A therapeutic framework.
Sommario/riassunto	"Neuroplasticity, Performativity, and Clergy Wellness" invites readers, particularly clergy members to rethink their understandings of the human person in light of recent developments in neuroscience. In addition to bringing together religion and neuroscience, it engages narrative theory, exercise physiology, and constructions of wellness to raise crucial questions about human identity and relationality and argue for a model of care that connects self-care and care for/with others. Furthermore, it claims that human beings are whole, intra/inter-relational, dynamic, plastic, and performative agents who have the capacity to story themselves neurophysiologically (in both "top-down" and "bottom-up" ways) through their regular practices of wellness.