

1. Record Nr.	UNINA9910826812603321
Titolo	Dietary reference intakes [[electronic resource]] : applications in dietary planning
Pubbl/distr/stampa	Washington, : National Academies Press, 2003
ISBN	1-280-18006-4 9786610180066 0-309-51882-2
Edizione	[1st ed.]
Descrizione fisica	1 online resource (255 p.)
Disciplina	613.2
Soggetti	Nutrition Reference values (Medicine)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	""Front Matter""; ""Preface""; ""Contents""; ""Summary""; ""1 Introduction to Dietary Planning""; ""2 Using Dietary Reference Intakes in Planning Diets for Individuals""; ""3 Using Dietary Reference Intakes in Planning Diets for Groups""; ""4 A Theoretical Approach Using Nutrient Density to Plan Diets for Groups""; ""5 Examples of Planning for Groups""; ""6 Special Considerations and Adjustments""; ""7 Implications and Recommendations""; ""8 References""; ""APPENDIXES""; ""A Origin and Framework of the Development of Dietary Reference Intakes"" ""B Food Guidance in the United States and Canada""""C The Target Nutrient Density of a Single Food""; ""D Voluntary Nutrient Fortification""; ""E Adjustment of Observed Intake Data to Estimate the Distribution of Usual Intakes in a Group""; ""F Biographical Sketches of Subcommittee Members""; ""Index""; ""Summary Tables""