

1. Record Nr.	UNINA9910826697103321
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Titolo	Handbook of good psychiatric management for adolescents with borderline personality disorder
Pubbl/distr/stampa	Washington, D.C. : , : American Psychiatric Association Publishing, , 2021 ©2021
ISBN	1-61537-531-7 1-61537-394-2
Edizione	[1st ed.]
Descrizione fisica	1 online resource (332 pages)
Altri autori (Persone)	SharpCarla
Disciplina	616.85852
Soggetti	Borderline Personality Disorder - therapy Borderline Personality Disorder - diagnosis Early Medical Intervention Early Diagnosis Family Relations - psychology Adolescent
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Cover -- Half Title -- Title -- Copyright -- Contents -- Contributors -- Acknowledgment -- Preface -- 1 Introduction to Good Psychiatric Management for Adolescents -- 2 Overall Principles -- 3 Making the Diagnosis and Providing Psychoeducation -- 4 Getting Started -- 5 Managing Suicidality and Nonsuicidal Self-Injury -- 6 Pharmacotherapy and Comorbidity -- 7 Multimodal Treatments -- 8 Ending Treatment -- 9 Case Illustrations -- References -- Appendix A: Relation of Good Psychiatric Management for Adolescents to Other Evidence-Based Treatments for Adolescent Borderline Personality Disorder -- Appendix B: General Psychiatric Management Adherence Scale -- Appendix C: Online Good Psychiatric Management Training -- Appendix D: Guidelines for Families -- Appendix E: Online Psychoeducation Resources -- Index -- Back Cover.
Sommario/riassunto	This manual demystifies borderline personality disorder in young people by using the principles of good psychiatric management (GPM)

to offer clinicians essential guidelines for generalist care. The authors outline common problems that arise during each phase or aspect of treatment, from diagnosis and pharmacology to family interventions, and discuss how to address them.
