

1. Record Nr.	UNINA9910826676503321
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Titolo	Coping with breast cancer : a couples-focused group intervention : therapist guide // Sharon L. Manne, Jamie S. Ostroff
Pubbl/distr/stampa	Oxford ; ; New York, : University Press, 2008
ISBN	0-19-045108-4 0-19-024208-6 1-281-86832-9 9786611868321 0-19-971141-0
Edizione	[1st ed.]
Descrizione fisica	1 online resource (128 p.)
Collana	Treatments that work
Altri autori (Persone)	OstroffJamie S
Disciplina	616.99/44906
Soggetti	Breast - Cancer - Psychological aspects Cognitive therapy Marital psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Contents; Chapter 1 Introductory Information for Therapists; Chapter 2 Group Logistics; Chapter 3 Session 1; Chapter 4 Session 2; Chapter 5 Session 3; Chapter 6 Session 4; Chapter 7 Session 5; Chapter 8 Session 6; Appendix A: A Blueprint for Cancer Survivors and Their Loved Ones; Appendix B: Fidelity Checklists; References; About the Authors
Sommario/riassunto	Early stage breast cancer can be stressful and upsetting for both the woman dealing with the disease and her partner. This illness can also place a strain on a couple's relationship. However, couples who are able to provide effective support to one another are more likely to adapt well. Focusing on the couple as a unit can promote effective coping for both patients and their partners . This couples-focused group program aims to improve a couple's functioning as a ""team"" and provides a supportive environment for couples facing similar breast cancer-related issues. Over the course of six sessi