1. Record Nr. UNINA9910826645703321 Autore Ramnero Jonas Titolo The ABCs of human behavior [[electronic resource]]: behavioral principles for the practicing clinician / / Jonas Ramnero, Niklas Torneke Oakland, Calif.,: New Harbinger Publications, c2008 Pubbl/distr/stampa **ISBN** 1-57224-538-7 1-60882-435-7 1-60882-436-5 Edizione [Electronic version.] 1 online resource (vii, 214 pages): illustrations Descrizione fisica **TornekeNiklas** Altri autori (Persone) Disciplina 616.89 Soggetti Clinical psychology Medicine and psychology Operant conditioning Clinical psychology - Methodology Behavior therapy - Methodology Learning Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Bibliographic Level Mode of Issuance: Monograph Nota di bibliografia Includes bibliographical references (p. [201]-206) and index. Nota di contenuto pt. 1. Describing behavior -- pt. 2. Explaining behavior -- pt. 3. Changing behavior. Sommario/riassunto The ABCs of Human Behavior offers practicing clinicians a pithy and practical introduction to the basics of modern behavioral psychology. The book focuses both on the classical principles of learning as well as more recent developments that explain language and cognition in behavioral and contextual terms. These principles are not just discussed in the abstract-rather the book shows how the principles of learning apply in the clinical context. Practical and easy to read, the book walks clinicians through both common sense and clinical examples that help them learn to use behavioral principles to observe.

explain, and influence. -- Amazon