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Titolo	The many-minded man : the Odyssey, psychology, and the therapy of epic // Joel Christensen
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ISBN	1501752359 9781501752360
Descrizione fisica	1 online resource (360 pages)
Collana	Myth and poetics ; ; 2 Cornell scholarship online
Disciplina	883.01
Soggetti	Psychology and literature Epic poetry - Themes, motives
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Homeric psychology -- Treating Telemachus: education and learned helplessness -- Escape from Ogygia: an isolated man -- Odysseus's Apologoi and narrative therapy -- Odysseus's lies: correspondences, coherence, and narrative agency -- Marginalized agencies and narrative selves -- Penelope's subordinated agency -- The politics of Ithaca: from collective trauma to amnesty's end -- The therapy of oblivion, unforgettable pain and the Odyssey's end -- Conclusion: escaping (the) story's bounds.
Sommario/riassunto	This text explores the content, character, & structure of the Homeric Odyssey through a modern psychological lens, focusing on how the epic both represents the workings of the human mind & provides for its audiences - both ancient & modern - a therapeutic model for coping with the exigencies of chance & fate. By reading the Odyssey as an exploration of the constitutive elements of human identity, the function of narrative in defining the self, & the interaction between the individual & their social context, the book addresses enduring questions about the poem, such as the importance of Telemachus's role, why Odysseus must tell his own tale, & the epic's sudden & unexpected closure. Through these dynamics, the book reasons, the

Odyssey not only instructs readers about how narrative shapes a sense of agency but also offers solutions for avoiding dangerous stories & destructive patterns of thought.
