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Autore	Skovholt Thomas M
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Opening up your life to the excitement of the therapy and counseling professions -- Novice advantages -- The curse of ambiguity and other ills and what to do about them -- Who am I becoming? -- The unfolding practitioner self.
Sommario/riassunto	Praise for Becoming a Therapist ""This resource is filled with practical and personal advice, relevant stories, and examples, and reads more like help from a friend than a typical textbook.""-Roberta L. Nutt, PhD, ABPP, Visiting Professor and Training Director, Counseling Psychology Program, University of Houston ""Ah, now this is the book I wish had been available when I entered the field. Tom Skovholt has defined the initial experiences and followed the process through to the culmination of the therapeutic experience in a truly great book. Becoming a Therapist