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Nota di contenuto	Cover; Title; Copyright; Contents; Foreword; Preface; Terminology; How the Book is Organized; References; Acknowledgments; Share Strengthening the DSM® Incorporating Resilience and Cultural Competence, Second Edition; Chapter 1: A Conceptual Framework for the Diversity/Resiliency Formulation; Cultural Competence: Status or Process? Interpersonal or Multilevel Lens?; Problem Areas and Best Practices for Mental Health; Creating a Culturally Relevant, Resiliency-Based Diagnosis; Psychopathology, Culture, and Mental Health; The DSM and Culture Culturally Competent Mental Health: From Disparities to Equity Case Study 1; A Young Adult and a Mental Health Emergency; Implications of Diversity Demographics; Case Study 2; A Suicidal Woman; Diversity and Mental Health; Promising Theoretical and Applied Clinical Orientations; Strength-Based Practice; Resiliency; Positive Psychology; Wellness/Recovery Approach Model; Summary; Discussion Questions and Activities; Web Resources; References; Chapter 2: Adding Diversity and Resiliency to the Diagnostic Process: A Formulation; The Complexities of Diagnosis and Assessment Psychiatry and the Diagnostic and Statistical Manual of Mental

Disorders DSM-IV-TR to DSM-5: A Summary of Changes; Diagnosis, the Clinical Relationship, and Treatment Outcome; DSM: Strengths and Weaknesses; Strengths; Weaknesses; Research and Diagnosis; Positive Psychology, Mindfulness, and Happiness; Social Work and Strength-Based, Empowerment Practice; Neurobiology and Attachment; Protective Factors; Resiliency; The Need for a Diversity/Resiliency Formulation; The Diversity/Resiliency Formulation Defined; Case Study; The Diversity/Resiliency Formulation Applied: The Case of Mrs. M. Adding the Diversity/Resiliency Formulation to Diagnosis Implications for Interventions; Evaluating the Effectiveness of the Diversity/Resiliency Formulation; Summary; Discussion Questions and Activities; Web Resources; References; Chapter 3: Mood Disorders and the Diversity/Resiliency Formulation; DSM Diagnostic Criteria: Changes, DSM IV-TR to DSM-5; Bipolar and Related Disorders; Depressive Disorders; Issues in Differential Diagnosis; Case Study 1; The Phenomenology of BPD; Case Study 2; The Phenomenology of MDD; Current Thinking About the Etiology and Course of MDD and BPD Genetic Heritability Neurobiological Factors; Evidence-Informed Practice; Psychopharmacology; Psychosocial Interventions; Matching Patient With Treatment: Medication and/or Psychotherapy; Equity and Diversity Issues; Depression; Bipolar Disorder; The Culture of Medicine; Strength-Based Contributions to Diagnosis and Treatment; Feminist Approaches; A Family Prevention Model; Culture-Specific Models; Empowerment and Strength-Based Models; Exercise; Mindfulness; Sleep Patterns, Assessment, and Prevention; Empowerment and Self-Care; Hope
Case Study With and Without the Diversity/Resiliency Formulation

Sommario/riassunto

Mental health practitioners have long recognized the failure of the DSM to address important sources of strength and resiliency that can significantly affect diagnosis and treatment, a deficit that has become more pronounced with the DSM-5's elimination of the multiaxial format. The second edition of Strengthening the DSM presents a new conceptual framework - the Diversity/Resiliency Formulation - that encompasses the whole person in order to promote effective diagnosis and treatment. It considers patient strengths, sources of resilience, support, and cultural identity that are essential to an
