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| 1. Record Nr. | UNINA9910826530603321 |
| Titolo | Developments in psychotherapy : historical perspectives / / edited by Windy Dryden |
| Pubbl/distr/stampa | London ; ; Thousand Oaks, Calif., : Sage Publications, c1996 |
| ISBN | 1-4462-7988-X 9786612262258 1-282-26225-4 1-84920-691-0 |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (274 p.) |
| Altri autori (Persone) | DrydenWindy |
| Disciplina | 616.8914 |
| Soggetti | Psychotherapy - History Psychotherapy - Philosophy Psychotherapy |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Cover; Contents; Preface; 1 - Person-Centred Psychotherapy: Twenty Historical Steps; 2 - The Existential-Phenomenological Movement, 1834-1995; 3 - Developments in Transactional Analysis; 4 - Developments in Gestalt Therapy; 5 - Developments in Transpersonal Psychotherapy; 6 - Looking Back, Looking Forward: Personal Construct Therapy in Sociohistorical Perspective; 7 - Developments in Behaviour Therapy; 8 - Developments in Cognitive Therapy: 1960-95; 9 - Trends in Rational Emotive Behaviour Therapy: 1955-95; 10 - Developments in Psychotherapy Integration; The Editor and Contributors; Index |
| Sommario/riassunto | This comprehensive book explores the origins and historical development of the major fields in psychotherapy and counselling. It discusses the context and influences under which 9 approaches were formulated, and explains significant trends. |