

1. Record Nr.	UNINA9910826401903321
Titolo	College student mental health counseling : a developmental approach / / Suzanne Degges-White, PhD, LPC, LMHC, NCC, Christine Borzumato- Gainey, PhD, LPC, editors
Pubbl/distr/stampa	New York, NY : , : Springer Publishing Company, LLC, , [2014] ©2014
ISBN	0-8261-9972-0
Descrizione fisica	1 online resource (383 p.)
Altri autori (Persone)	Degges-WhiteSuzanne Borzumato-GaineyChristine
Disciplina	616.8900835
Soggetti	College students - Mental health College students - Mental health services
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	section I. Developmental issues -- section II. Social, cultural, and relational challenges on campus -- section III. Clinical issues in a college setting.
Sommario/riassunto	Using a unique developmental focus, this clinical handbook provides college counseling professionals and trainees with strategies for addressing the most pressing and frequently encountered issues presented by college students. These problems are considered from the perspective of biological, psychological, and social development and include issues faced by the student population according to both college year (freshman, senior, etc.) and the academic calendar, such as spring and winter breaks and exam periods. The text also addresses the particular needs of non-traditional students and the im