1. Record Nr. UNINA9910826191403321 Autore Chambers Kristy <1975-> Titolo It's not you, geography, it's me / / Kristy Chambers Pubbl/distr/stampa Saint Lucia, Queensland:,: UQP,, 2014 ©2014 **ISBN** 0-7022-5303-0 0-7022-5302-2 Descrizione fisica 1 online resource (239 p.) Disciplina 616.85/270082 Soggetti Mental illness Depression in women Lingua di pubblicazione Inglese Materiale a stampa **Formato** Livello bibliografico Monografia Note generali Description based upon print version of record. Sommario/riassunto In this hilarious-and brutally honest-memoir about mental illness and depression, Kristy Chambers goes in search of greener grass and finds that, if she could only cut her head off, she would probably enjoy travel and life. For someone who hates exercise, Kristy Chambers is pretty good at running away, and coming back again when her credit cards are declined. She's not so much an international jetsetter as a loose cannon with a passport. So, in the manner of Eat, Pray, Love, a

attempt to find happiness. With a family histo

privileged white girl takes her privileged white arse on the road in an