Record Nr. UNINA9910826106003321 Autore Molnos Angela Titolo A question of time: essentials of brief dynamic psychotherapy / / by Angela Molnos Pubbl/distr/stampa Boca Raton, FL:,: Routledge, an imprint of Taylor and Francis,, [2018] ©1995 **ISBN** 0-429-91047-9 0-429-89624-7 0-429-47147-5 1-283-12502-1 9786613125026 1-84940-192-6 Edizione [First edition.] Descrizione fisica 1 online resource (159 p.) Disciplina 616.8914 616.8914 21 Soggetti Brief psychotherapy Psychodynamic psychotherapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references and index. Nota di bibliografia COVER: CONTENTS: LIST OF FIGURES: ABOUT THE AUTHOR: FOREWORD: Nota di contenuto INTRODUCTION: Chapter 1. Time in our times and time in psychotherapy; Chapter 2. Brief dynamic psychotherapy; Chapter 3. Destructive anger, healing anger, and the impulse to separate: Chapter 4. Final, intermediate, and Immediate aims of brief and other analytic therapies; REFERENCES AND BIBLIOGRAPHY; INDEX Sommario/riassunto This book aims to describe and explain the bias against brief psychotherapy, whilst stressing the importance of actively challenging resistance and working through the transference. It also covers the positive use of anger - even from the first session. As a group analyst concerned with social and psychological issues, Dr Angela Molnos brings a unique perspective to bear on the problems raised, both for society and the individual, by the confusion and the prejudice surrounding HIV infection and the Aids epidemic. Recognizing that

these problems can vitiate even the most enlightened health care policies, she draws on her experience gained by working in several countries to put the case for the application of group analysis, through the organization of staff support groups, to those directly concerned with policy implementation; The carers themselves. In the first part of her book Dr Molnos demonstrates how, if unchecked, conscious and unconscious prejudice can promote destructive tendencies within the groups involved with HIV and AIDS patients.