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Titolo	The simple guide to attachment difficulties in children : what they are and how to help // Betsy de Thierry ; foreword by Carrie Grant ; illustrated by Emma Reeves
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Nota di contenuto	What is attachment? -- How does an attachment grow stronger? -- The brain science around attachment -- The safe place and co-regulation -- What is an unhealthy attachment style? -- Anxious, controlling or helicopter parenting -- Attachment trauma -- A healing adult relationship -- Resilience, bad days and top tips!.