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Nota di contenuto	Dietary Reference Intakes -- Copyright -- REVIEWERS -- Contents -- Dietary Reference Intakes: Proposed Definition and Plan for Review of Dietary Antioxidants and ... -- INTRODUCTION -- TOWARD A DEFINITION OF DIETARY ANTIOXIDANT -- Possible Health Benefits -- PROPOSED DEFINITION -- Presence in Human Diets -- Measurement of Quantities in Foods -- Decreased Adverse Effects of Some ROS and RNS -- Role of ROS and RNS in Health and Disease -- Antioxidant Mechanisms -- Evidence for Antioxidant Activity -- FOOD COMPONENTS THAT WILL BE REVIEWED BY THE PANEL -- Beta-Carotene and Other Carotenoids -- Vitamin C -- Vitamin E -- Selenium -- FOOD COMPONENTS THAT WILL NOT BE REVIEWED BY THE PANEL -- Phenols and Polyphenols -- Other Proposed Dietary Antioxidants -- SUMMARY -- BETA-CAROTENE AND OTHER CAROTENOIDS -- VITAMIN C -- VITAMIN E -- Appendix Acknowledgments.

