Record Nr. UNINA9910825914503321 Autore Lord Stephen R (Stephen Ronald), <1957-> Titolo Falls in older people: risk factors and strategies for prevention / / Stepehn R. Lord, Catherine Sherrington, Hylton B. Menz Cambridge;; New York,: Cambridge University Press, 2001 Pubbl/distr/stampa 1-107-11412-8 **ISBN** 1-280-15996-0 9786610159963 1-139-12994-5 1-139-14552-5 0-511-11670-5 0-511-06797-6 0-511-05953-1 0-511-06584-1 Edizione [1st ed.] Descrizione fisica 1 online resource (261 p.) Altri autori (Persone) SherringtonCatherine MenzHylton B 617.1/0084/6 Disciplina Soggetti Falls (Accidents) in old age - Risk factors Falls (Accidents) in old age - Prevention Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Half-title; Title; Copyright; Contents; Preface; Acknowledgements; 1 Epidemiology of falls and fall-related injuries; 2 Postural stability and falls; 3 Sensory and neuromuscular risk factors for falls; 4 Medical risk factors for falls; 5 Medications as risk factors for falls; 6 Environmental risk factors for falls; 7 The relative importance of falls risk factors: an evidence-based summary; Overview: Falls prevention; 8 Exercise interventions to prevent falls; 9 Modifying the environment to prevent falls; 10 The role of footwear in falls prevention; 11 Assistive devices 12 Prevention of falls in hospitals and residential aged care facilities 13 The medical management of older people at risk of falls; 14 Modifying

medication use to prevent falls: 15 Targeted falls prevention strategies:

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16 A physiological profile approach for falls prevention; 17 Falls in older people: future directions for research; Index

This book provides a survey of the most recent developments in the area. Coverage includes epidemiology, critical appraisal of the roles of exercise, environment, footwear, and medication, evidence-based risk assessment, and falls-prevention strategies. Falls in Older People will be invaluable to clinicians, physiotherapists, occupational therapists, nurses, and researchers.