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Altri autori (Persone)	HallEric <1936->
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Acknowledgements; To the Reader; Introduction; Chapter 1 - Guided Imagery in the Therapeutic Setting: Historical and Psychological Foundations; Chapter 2 - Guided Imagery in Therapeutic Practice; Chapter 3 - Themes in Dialogic Guided Imagery; Chapter 4 - Counsellor Perspectives on Managing the Client-Counsellor Relationship; Chapter 5 - Generating Guided Imagery Using Scripts; Chapter 6 - Using Drawing to Explore Imagery; Chapter 7 - Working with Spontaneously Generated Imagery; Chapter 8 - Bring the Body Alive; Chapter 9 - How Do We Know it Works? Chapter 10 - Ethical Considerations: Contraindications and Health Warnings Postscript; References; Index
Sommario/riassunto	A practical guide to using imagery in one-to-one therapeutic work with clients, this book shows how the techniques involved can be integrated into everyday practice. It describes the different processes of using guided imagery and working from a script, and shows how drawing can be used to augment imagery work.

