

1. Record Nr.	UNINA9910825584703321
Autore	Bryant-Jefferies Richard
Titolo	Counselling the person beyond the alcohol problem // Richard Bryant-Jefferies
Pubbl/distr/stampa	Philadelphia, : Jessica Kingsley Publishers, 2001
ISBN	1-84642-706-1 1-4175-0445-5
Edizione	[1st ed.]
Descrizione fisica	1 online resource (237 p.)
Disciplina	362.292/86
Soggetti	Alcoholics - Counseling of Alcoholism - Psychological aspects Behavior modification Client-centered psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 225-229) and index.
Nota di contenuto	Counselling the Person Beyond the Alcohol Problem; Contents; Dedication; Acknowledgements; Preface; Introduction; 1 Entering the World of Alcohol Use; 2 Alcohol in the Family; 3 Application of a Person-Centred Approach; 4 The Cycle of Change; 5 From Pre-Contemplation to Taking Action; 6 Maintaining Change and Responding to Relapse; 7 Bringing It All Together; 8 Conclusion; References; Further Reading; Subject Index; Author Index
Sommario/riassunto	This practical book shows how client-focused counselling can support problem drinkers seeking to develop and sustain a less alcohol-centred way of life. Supported by contributions from clients who have undergone counselling for alcohol reliance, this is a comprehensive for people working with those who have a problematic relationship with alcohol.