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Nota di contenuto	Sexual Health in Recovery: A Professional Counselor's Manual; About the Author; Title Page; Copyright; Dedication; Contents; Foreword; Acknowledgments; Introduction; The Discovering Sexual Health Program at Steeping Stone; Challenges in Implementing the Discovering Sexual Health Program; Results of the Discovering Sexual Health Program at Steeping Stone; Addressing Resistance to Change; High Sex/Drug-linked Clients in Recovery; Conclusion: The Importance of Sexual Health in Recovery; Part I: Counselor Readiness; 1. What Is "Sexual Health in Recovery"? 2. Eight Key Concepts of Sexual Health in Recovery 3. Are You Ambivalent About Sexual Health in Recovery?; Part II: Sexual Health in Recovery Assessment; 4. Preparing for Sexual Health in Recovery; 5. Assessing Sex/Drug-linked Relapse Risk; 6. The Sexual Health in Recovery Assessment; 7. The Sexual Health in Recovery Assessment Feedback Session; Part III: Sexual Health in Recovery Counseling Skills; 8. Sex-positive Drug and Alcohol Counseling; 9. Improving Counselor Confidence in Talking About Sex; 10. Sexual Health in Recovery Counseling; References; Chapter 1; Chapter 2; Chapter 3; Chapter 4

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Sommario/riassunto

Based on a curriculum that was successfully implemented and evaluated at Stepping Stone, a drug and alcohol treatment program in San Diego, Sexual Health in Recovery offers counselors a chance to understand and integrate basic sexual health principles into their work. Addiction treatment professionals and their clients will then be able to comfortably and safely address sexual issues that may impede recovery-and thus have a greater chance at successful treatment. Key Topics::: Assessing a client's sex/drug-linked relapse risk; Improving counselor confidence in talking about sexual issues; Deal

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