

1. Record Nr.	UNINA9910825354703321
Titolo	Europe thirty years after 1989 : transformations of values, memory, and identity / / edited by Tomas Kavaliauskas
Pubbl/distr/stampa	Leiden ; ; Boston : , : Brill Rodopi, , [2021] Â©2021
ISBN	90-04-44358-4 9789004443587 9004443584
Descrizione fisica	1 online resource (xii, 274 pages) : illustrations
Collana	Central European Value Studies
Disciplina	940.559
Soggetti	Pays de l' Est UE/CE Droit Réformes économiques Marchés Droit de la concurrence Sociétés memoire Identité nationale economic reform competition law market Civilization - History civil society national identity Europe History 1989-
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	East-Central Europe searching for (European) values : how to be more than the "proud periphery"? / Ladislav Cabada -- Thirty years in search of identity in Central Europe / Tomas Kavaliauskas -- Conservative assertiveness in Central and Eastern Europe : case studies from Poland

and Hungary / Nicolas Hayoz and Magdalena Solska -- Croatia after 1989 : memories of socialism in post-socialist times / Josip Zanki and Nevena Skrbic Alempijevic -- Types of social memory and the subordination of identities of ethnic minorities in Latvia / Deniss Hanovs and Vladislav Volkov -- The ideal of absolute hospitality and the reality of anti-migrant fences / Ruta Bagdanaviciute -- "A home for our children" : the Bulgarian (dis)illusion with democratic society thirty years later / Valentina Gueorguieva, Galina Goncharova, and Slavka Karakusheva -- Envisioning Europe from the East : a la recherche du temps perdu with Vaclav Havel and Lennart Meri / Maria Malksoo -- The rise of the public relations man and the decline of the Soviet "intelligentsia" after 1989 / Gintautas Mazeikis -- From ideology of culture to cultural critique : "Kulturos barai" journal and the changing roles of Lithuanian intellectuals (1989-2019) / Almantas Samalavicius -- From the Baltic way to the #CatalanReferendum : achieving statehood through peaceful protest : two European models face to face with 30 years between them / Jordi Arrufat Agramunt.

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#### Sommario/riassunto

For the last thirty years the year 1989 has symbolized a European *annus mirabilis* , standing for such events as the fall of the Berlin Wall and the impending collapse of the Soviet Union. Cultural and political transformations in Western Europe due to the rise of the migrant crisis are now echoed in East-Central Europe. In Europe Thirty Years After 1989 , the authors jointly explore the recent history of former socialist countries such as Bulgaria, Croatia, Poland, Hungary, the Czech republic, the Baltic States, and Russia. Thirty years ago some of these countries stood as a paradigmatic example of peaceful and liberal patriotism, but during the past thirty years some countries have experienced transformations in their values, memory and identity. A shift towards illiberal democracy has occurred, although not without the overlapping trends in Western and Southern Europe. This book is for those who wish to join and learn from the search for an interpretation and answer(s) to the question: what happened to the legacy of 1989 over the past thirty years, and why did these changes and transformations occur?.

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2. Record Nr.	UNISA996206509903316
Titolo	Coffee [[electronic resource]] : emerging health effects and disease prevention / / Yi-Fang Chu, editor
Pubbl/distr/stampa	Ames, Iowa, : IFT Press, 2012
ISBN	1-119-94987-4 1-283-45409-2 9786613454096 1-119-94989-0 1-119-94986-6
Edizione	[1st ed.]
Descrizione fisica	1 online resource (354 p.)
Collana	IFT Press series
Altri autori (Persone)	ChuYi-Fang
Disciplina	633.73
Soggetti	Coffee - Health aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"A John Wiley & Sons, Ltd., publication."
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Coffee Emerging Health Effects and Disease Prevention; Contents; Preface; List of Contributors; List of Abbreviations; Acknowledgement; 1 Introduction; 1.1 Coffee-a popular beverage; 1.2 Coffee from a nutritional perspective; 1.3 Potential beneficial effects of coffee; 1.4 Limitations to the beneficial effects; 1.5 History; 1.6 Coffee production worldwide; 1.7 Coffee processing: formation and fate of bioactive compounds; 1.7.1 Green bean processing, storage, and transport; 1.7.2 Blending; 1.7.3 Roasting; 1.7.4 Grinding; 1.7.5 Packaging and storage; 1.7.6 Decaffeination 1.7.7 Soluble coffee production1.8 New processes to optimize the health benefits of coffee; 1.8.1 Enhancement with mannooligosaccharides; 1.8.2 Use of green bean extracts; 1.8.3 After-roast blending for enhanced antioxidative properties; 1.8.4 Stomach-friendly coffee; 1.9 Coffee preparation; 1.9.1 Boiled coffee; 1.9.2 Cafeti` ere or French press coffee; 1.9.3 Filter coffee; 1.9.4 Espresso; 1.9.5 Moka (mocha); 1.9.6 Percolated coffee; 1.9.7 Soluble coffee; 1.9.8 Liquid coffee; 1.9.9 Single-serve coffee machines; 1.10 Coffee beverages and specialties; 1.11 Coffee consumption; 1.12 Conclusions AcknowledgmentsReferences; 2 Coffee Constituents; 2.1 Introduction;

2.2 Production of coffee and coffee-based beverages; 2.2.1 Green coffee production; 2.2.2 Decaffeinated coffee production; 2.2.3 Steam-treated and monsooned coffees; 2.2.4 Coffee roasting; 2.2.5 Coffee brewing; 2.2.6 Instant coffee production; 2.3 Natural coffee constituents; 2.3.1 Green coffee chemical composition; 2.3.1.1 Nonvolatile compounds in green coffee; Caffeine; Trigonelline; Chlorogenic acids; Cafestol and kahweol; Soluble dietary fiber; Water; Carbohydrates; Protein, peptides, and free amino acids; Minerals Lipids2.3.1.2 Volatile compounds in green coffee; 2.3.2 Changes in coffee chemical composition during roasting; 2.3.2.1 Nonvolatile components in roasted coffee; 2.3.2.2 Volatile compounds in roasted coffee; 2.3.3 Changes in coffee chemical composition during special coffee processing; 2.3.4 Chemical composition of coffee brew; 2.4 Incidental coffee constituents; 2.4.1 Incidental nonvolatile compounds in coffee; 2.4.1.1 Ochratoxin A; 2.4.1.2 Biogenic amines; 2.4.1.3 -carbolines; 2.4.1.4 Acrylamide; 2.4.1.5 Polycyclic aromatic hydrocarbons; 2.4.1.6 Pesticide residues  
2.4.2 Incidental volatile constituents in coffee2.5 Concluding remarks; Acknowledgments; References; 3 Bioavailability of Coffee Chlorogenic Acids; 3.1 Introduction; 3.2 Chlorogenic acids: contribution of coffee to dietary levels ingested; 3.2.1 Dietary intake; 3.2.2 Levels in coffee beverage; 3.3 Bioavailability of coffee chlorogenic acids; 3.3.1 Absorption and metabolic fate; 3.3.2 Extensive metabolism upon intake; 3.3.2.1 Identification of chlorogenic acid metabolites; 3.3.2.2 Metabolic pathways; 3.3.2.3 Bioavailability of intact chlorogenic acids; 3.3.3 Urinary and biliary excretion  
3.3.4 Effects of food matrix and co-ingestion on bioavailability

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#### Sommario/riassunto

Coffee: Emerging Health Benefits and Disease Prevention presents a comprehensive overview of the recent scientific advances in the field. The book focuses on the following topics: coffee constituents; pro- and antioxidant properties of coffee constituents; bioavailability of coffee constituents; health benefits and disease prevention effects of coffee; and potential negative impacts on health. Multiple chapters describe coffee's positive impact on health and various diseases: type 2 diabetes; neurodegenerative diseases (Parkinson's and Alzheimer's); cancer (prostate, bladder, pancreat

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