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Edizione	[1st ed.]
Descrizione fisica	1 online resource (101 pages)
Collana	Therapeutic fairy tales
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Soggetti	Narrative therapy Metaphor - Therapeutic use
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
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Nota di contenuto	Cover -- Half Title -- Series Page -- Title Page -- Copyright Page -- Contents -- Acknowledgements -- Introduction to the Storybook Manual -- Chapter 1: Background: The ancient art of storytelling -- The ancient art of storytelling -- Using story and metaphor to make sense of the unknown and unfamiliar -- Fairy tales, picture books and storytelling in modern culture -- The bedtime story ritual -- Chapter 2: Introduction to working with storybooks therapeutically and creatively, aims and benefits -- Working with storybooks therapeutically and creatively -- The use of storybooks to help promote therapeutic art-making -- Storybooks as a creative tool to explore existential challenges -- Storytelling and storybooks as a prompt to explore the therapeutic relationship -- Chapter 3: Setting the scene for safe therapeutic and creative storytelling -- Creating the right conditions -- Attending to psychological processes evoked in the child and practitioner -- Getting ready to listen to and notice children's responses to the story -- Getting ready to enter the world of metaphor and speak its language -- Chapter 4: Working with story -- Suggestions for conversation starters and prompts -- Example worksheets for process-orientated story activities -- Chapter 5: Using

stories and storybooks as a basis for creative art-making exercises -- Building upon the story - setting the scene for creative art-making exercises -- Guiding principles behind building a creative mindset -- Creative materials and storage of children's artwork -- Helping children warm up with spontaneous creative exercises -- An introduction to using creative art-making to explore and expand upon storybooks -- Top tips to remember when working with children and art-making exercises -- Example worksheets for process-orientated warm-up creative activities.

Example worksheets for process-orientated creative art-making activities -- Summary and conclusions -- Bibliography -- Permissions.

Sommario/riassunto

"This resource has been designed to support practitioners and parents with practical and creative ideas on how to use illustrated storybooks therapeutically with children. Whilst this book is also available to purchase as part of a set, with three therapeutic fairy tales, all the content, worksheets and activities can be used with any illustrated story. Exercises have been created to encourage imagination and free play, develop confidence and emotional literacy as well as deepen engagement and understanding of stories. It is a book that can be returned to again and again to inspire creative engagement with stories with individuals or groups. Key features include: An exploration of the importance of stories to modern life, and their use as a creative and therapeutic tool, Guidance for working with stories and their illustrations, including conversation starters, prompts and worksheets for process-orientated creative activities, Accompanying online activities designed for specific use with the storybooks in the Therapeutic Fairy Tales series This is an invaluable resource for all professionals looking to work therapeutically with stories and images. It will be particularly valuable to those working in child and family mental and emotional health; social and youth care; community and participatory arts; school and education, and specialised health and hospital environments"--
