

1. Record Nr.	UNINA9910825312803321
Autore	Afuape Taiwo <1975-, >
Titolo	Power, resistance and liberation in therapy with survivors of trauma : to have our hearts broken // Taiwo Afuape
Pubbl/distr/stampa	Hove, East Sussex ; ; New York, N.Y. : , : Routledge, , 2011
ISBN	1-136-65505-0 1-283-36367-4 9786613363671 0-203-80640-9 1-136-65506-9
Descrizione fisica	1 online resource (265 p.)
Classificazione	FAM000000PSY007000PSY010000
Disciplina	616.85/210651 616.85210651
Soggetti	Psychic trauma - Treatment Post-traumatic stress disorder - Treatment Psychotherapy Counseling
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Therapy, power, resistance and trauma -- pt. 2. Liberation and therapy : theory -- pt. 3. Liberation and therapy : practice -- pt. 4. Final reflections on theory and practice.
Sommario/riassunto	"This book offers reflections on how liberation might be experienced by clients as a result of the therapeutic relationship. Furthermore, it explores how power and resistance are most effectively and ethically understood and utilised in clinical practice with survivors of trauma. Power, Resistance and Liberation in Therapy with Survivors of Trauma draws together narrative therapy, co-ordinated management of meaning (CMM) and liberation psychology approaches. It critically reviews each approach and demonstrates what each contributes to the other as well as how to draw them together in a coherent way. The book presents: - an original take on CMM through the lenses of power and resistance - a new way of thinking about resistance in life and

therapy, using the metaphor of creativity - numerous case examples to support strong theory-practice links. Through the exploration of power, resistance and liberation in therapy, this book presents innovative ways of conceptualising these issues. As such it will be of interest to anyone in the mental health fields of therapy, counselling, social work or critical psychology, regardless of their preferred model. It will also appeal to those interested in a socio-political contextual analysis of complex human experience"--

---