Record Nr. UNINA9910825276903321 Social structures, aging, and self-regulation in the elderly / / edited by **Titolo** K. Warner Schaie, Laura L. Carstensen New York, : Springer Pub., c2006 Pubbl/distr/stampa **ISBN** 1-281-81147-5 9786611811471 0-8261-2412-7 Edizione [1st ed.] Descrizione fisica 1 online resource (258 p.) Collana Societal impact on aging series Altri autori (Persone) CarstensenLaura L SchaieK. Warner <1928-> (Klaus Warner) Disciplina 305.26 Soggetti Aging - Social aspects Cognition in old age Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia "Edited proceedings of a conference held at the Pennsylvania State Note generali University, October 4-5, 2004"--Pref. Includes bibliographical references and index. Nota di bibliografia Contents; Contributors; Preface; 1. Societal Influences That Affect Nota di contenuto Cognitive Functioning in Old Age; 2. Wisdom in Social Context; 3. Social Influences on Adult Personality, Self-Regulation, and Health; 4. Social Norms, Rules of Thumb, and Retirement: Evidence for Rationality in Retirement Planning; 5. Race and Self-Regulatory Health Behaviors: The Role of the Stress Response and the HPA Axis in Physical and Mental Health Disparities; Index This collection considers ways in which societal contexts influence Sommario/riassunto aging by influencing self-regulatory processes. No one doubts that the social contexts in which individuals develop exert strong influence on life trajectories. Those born into environments that provide high quality education, supportive social relations, and economic assets do better in old age than those born into environments bereft of such resources. The extent of this influence, however, is only beginning to be revealed. Recent research shows that life experiences influence basic brain

structures (e.g. the effect of music