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Nota di contenuto	Cut Down to Size Achieving success with weight loss surgery; Copyright; Contents; List of illustrations; Preface; Acknowledgements; List of abbreviations; 1 The obesity epidemic and weight loss surgery; 2 Obesity: a normal response to an abnormal situation?; 3 'I just want a normal life': the impact of obesity; 4 Accessing weight loss surgery; 5 Assessment for weight loss surgery; 6 Looking after your emotional well-being; 7 Weight loss surgery: the facts and figures; 8 'Pressing the re-set button': life after weight loss surgery 9 'It's the best decision I ever made': success stories with weight loss surgery 10 'I thought if I was slim the world would be some kind of fairy tale': the risks and challenges of weight loss surgery; 11 Taking control: FAQs and resources; Further reading; Index
Sommario/riassunto	Cut Down to Size covers everything you need to know about bariatric surgery, from referral through to the challenges you may face after surgery. Most people who seek weight loss surgery have struggled for many years to control their eating, and have experienced increasing health limitations, self-consciousness and discrimination. People see weight loss surgery as their last chance for a better, more normal life. While hopeful fantasies about an alternative future make it hard to

contemplate the risk of failure, some patients experience considerable emotional or physical problems. <
