

1. Record Nr.	UNINA9910825141003321
Titolo	Integrative family and systems treatment (I-FAST) : a strengths-based common factors approach / / J. Scott Fraser [and four others]
Pubbl/distr/stampa	New York : , : Oxford University Press, , 2014 ©2014
ISBN	0-19-936898-8 0-19-936897-X
Descrizione fisica	1 online resource (265 p.)
Classificazione	SOC025000
Disciplina	616.89/156
Soggetti	Family psychotherapy Child mental health services Teenagers - Mental health services Evidence-based psychotherapy Integrated delivery of health care
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	<p>""Cover""; ""Integrative Family and Systems Treatment (I-FAST)""; ""Copyright""; ""Contents""; ""Preface""; ""1 I-FAST Foundations""; ""1 Integrative Family and Systems Treatment (I-FAST)""; ""2 I-FAST""; ""2 I-FAST Phases, Skills, and Techniques""; ""3 Engaging""; ""4 Tracking Interactions""; ""5 Goal Development and Consensus""; ""6 Frames, Framing, and Reframing""; ""7 Initiating Change""; ""8 Building Resilience and Terminating/Stepping Down""; ""9 Some Final Thoughts on Practice""; ""3 I-FAST Supervision, Agency Considerations, and Sustainability""; ""10 Teaching and Supervising I-FAST""; ""11 Fitting I-FAST and Agency Together""; ""4 Research on I-FAST""; ""12 Research on Integrative Family and Systems Treatment""; ""References""; ""Index""</p>
Sommario/riassunto	Funders of mental health services to youth and families have increasingly required providers to use treatments deemed to be ""evidence-based."" There are several evidence-based family treatment (EBFT) approaches found to be effective with the same types of presenting problems and populations. All of these EBFTs claim to be

based on similar theoretical approaches and have specified treatment protocols that providers must follow to be faithful to the model. These EBFTS are expensive for agencies to establish and maintain. Many agencies that initially adopted one of these EBFTs later de-adopted i

---