

1. Record Nr.	UNINA9910825049503321
Autore	Foreman Judy
Titolo	A nation in pain : healing our nation's biggest health problem // Judy Foreman
Pubbl/distr/stampa	New York : , : Oxford University Press, , 2014 ©2014
ISBN	0-19-983721-X 0-19-938954-3
Descrizione fisica	1 online resource (832 p.)
Disciplina	616/.0472
Soggetti	Chronic pain - United States Chronic pain - Treatment - United States Opioid abuse - United States - History Pain - Alternative treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Cover; Title Page; Copyright Page; Dedication Page; Contents; Introduction; How to Read This Book; Chapter 1 The Enormity of the Problem; Chapter 2 What Is Pain, Anyway?; Chapter 3 The Genetics of Pain; Chapter 4 Gender and Pain; Chapter 5 Children in Pain; Chapter 6 The Mind-Body in Pain; Chapter 7 Opioid Wars, Part I: The Problem; Chapter 8 Opioid Wars, Part II: Proposed Solutions; Chapter 9 How the Immune System Cranks Up Pain; Chapter 10 Marijuana: The Weed America Loves to Hate; Chapter 11 Beyond Opioids, Part I: Western Medicine Chapter 12 Beyond Opioids, Part II: Complementary and Alternative Medicine Chapter 13 Exercise: The Real Magic Bullet; Chapter 14 The Way Forward; Acknowledgments; Appendix Resources for Chronic Pain Patients; Notes; Index
Sommario/riassunto	Out of 238 million American adults, 100 million live in chronic pain. And yet the press has paid more attention to the abuses of pain medications than the astoundingly widespread condition they are intended to treat. Ethically, the failure to manage pain better is tantamount to torture. When chronic pain is inadequately treated, it

undermines the body and mind. Indeed, the risk of suicide for people in chronic pain is twice that of other people. Far more than just a symptom, writes author Judy Foreman, chronic pain can be a disease in its own right -- the biggest health problem facing America
