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Sommario/riassunto	This landmark work provides a wide-ranging scholarly consideration of the traditional Asian martial arts. Most of the contributors to the volume are practitioners of the martial arts, and all are keenly aware that these traditions now exist in a transnational context. The book's cutting-edge research includes ethnography and approaches from film, literature, performance, and theater studies. Three central aspects emerge from this book: martial arts as embodied fantasy, as a culturally embedded form of self-cultivation, and as a continuous process of identity formation. Contributors explore several popular and

highbrow cultural considerations, including the career of Bruce Lee, Chinese wuxia films, and Don DeLillo's novel *Running Dog*. Ethnographies explored describe how the social body trains in martial arts and how martial arts are constructed in transnational training. Ultimately, this academic study of martial arts offers a focal point for new understandings of cultural and social beliefs and of practice and agency.
