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Nota di contenuto	Introduction: Experiential Deconstructive Inquiry -- Part 1 Foundational Philosophies and Spiritual Methods. 1 Non-Duality in Advaita Vedanta and Zen Buddhism ; 2 Advaita Vedanta: Philosophical Foundations and Deconstructive Strategies ; 3 Zen Buddhism: Philosophical Foundations and Deconstructive Strategies -- Part 2 Deconstructive Techniques and Dynamics of Experiential Undoing. 4 Four Deconstructive Techniques Common to Both Traditions ; 5 Dynamics of Experiential Undoing ; 6 Conclusion : Deconstruction of Reified Awareness -- Bibliography -- Index.
Sommario/riassunto	"This fascinating and innovative book explores the relationship between the philosophical underpinnings of Advaita Vedanta, Zen Buddhism and the experiential journey of spiritual practitioners. Taking the perspective of the questioning student, the author highlights the experiential deconstructive processes that are ignited when students' "everyday" dualistic thought structures are challenged by the non-dual nature of these teachings and practices. Although Advaita Vedanta and Zen Buddhism are ontologically different, this unique study shows that

in the dynamics of the practice situation they are phenomenologically similar. Distinctive in scope and approach Advaita Vedanta and Zen Buddhism: Deconstructive Modes of Spiritual Inquiry examines Advaita and Zen as living practice traditions in which foundational non-dual philosophies are shown "in action" in contemporary Western practice situations thus linking abstract philosophical tenets to concrete living experience. As such it takes an important step toward bridging the gap between scholarly analysis and the experiential reality of these spiritual practices."--Bloomsbury Publishing.

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