

1. Record Nr.	UNINA9910824724503321
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Titolo	Tangled roots : the Appalachian Trail and American environmental politics // Sarah Mittlefehldt ; foreword by William Cronon
Pubbl/distr/stampa	©2013 Seattle : , : University of Washington Press, , [2013]
ISBN	0-295-80488-2
Descrizione fisica	1 online resource (280 p.)
Collana	Weyerhaeuser environmental books
Classificazione	NAT011000HIS036010TRV025070
Altri autori (Persone)	CrononWilliam
Disciplina	363.700973
Soggetti	Trails - Public use - Appalachian Trail - History Environmental policy - United States - History - 20th century Nature conservation - Political aspects - United States - History - 20th century Environmentalism - Political aspects - United States - History - 20th century Appalachian Trail History
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	""Contents""; ""Foreword by William Cronon ""; ""Acknowledgments""; ""Introduction: The Tortuous Path Toward Public-Private Partnership ""; ""Chapter 1. A Progressive Footpath ""; ""Chapter 2. The Path of Least Resistance""; ""Chapter 3. Federalizing America's Foot Trails ""; ""Chapter 4. Fallout From Federalization ""; ""Chapter 5. Acquiring the Corridor ""; ""Chapter 6. The Appalachian Trail and the Rise of the New Right ""; ""Conclusion: Hiking Through History ""; ""Notes""; ""Selected Bibliography ""; ""Index""
Sommario/riassunto	"The Appalachian Trail, a thin ribbon of wilderness running through the densely populated eastern United States, offers a refuge from modern society and a place apart from human ideas and institutions. But as environmental historian and thru-hiker Sarah Mittlefehldt argues, the trail is also a conduit for community engagement and a model for public-private cooperation and environmental stewardship. In Tangled Roots, Mittlefehldt tells the story of the trail's creation. The project was one of the first in which the National Park Service attempted to create

public wilderness space within heavily populated, privately owned lands. Originally a regional grassroots endeavor, under federal leadership the trail project retained unprecedented levels of community involvement. As citizen volunteers came together and entered into conversation with the National Parks Service, boundaries between "local" and "nonlocal," "public" and "private," "amateur" and "expert" frequently broke down. Today, as Mittlefehldt tells us, the Appalachian Trail remains an unusual hybrid of public and private efforts and an inspiring success story of environmental protection. Sarah Mittlefehldt is assistant professor of environmental studies at Green Mountain College. "Tangled Roots makes a contribution to the literature of environmental conservation history that is as unusual as the trail itself. In a gentle, approachable, and engaging style it tells the history of one of the most important and beloved conservation initiatives in American history and at the same time comments on a wide range of subjects in ways that are both insightful and fresh." --James Feldman, author of *A Storied Wilderness* "Tangled Roots will find readership among environmental and forest historians and will end up on the Christmas lists and in the backpacks of the trail's many fans. It is original and well-researched, ranging the length of the trail and lingering in one or another spot to explore representative or illuminating developments." --Kathryn Newfont, author of *Blue Ridge Commons* "This superb history of the construction and management of the Appalachian Trail not only narrates the creation of the most famous long-distance hiking trail in modern America; it also offers a cautionary tale about the changing roles of private landowners, volunteer hiking enthusiasts, land managers, and federal agencies in the oversight of that trail. In so doing, Sarah Mittlefehldt beautifully illustrates the changing environmental politics of the twentieth century in a book whose implications extend far beyond the AT." --William Cronon"--
