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Nota di contenuto	Cover; Contents; Contributors; Acknowledgments; CH 1. Introduction: A Review of Borderline Personality Disorder; CH 2. Case History of a Borderline Personality: Linda P.; CH 3. Self-Psychological Treatment; CH 4. Dialectical Behaviour Therapy; CH 5. Cognitive Behavioral Therapy; CH 6. Rational Emotive Behavior Therapy; CH 7. Borderline States and Individual Psychology; CH 8. A Cognitive-Developmental Formulation of BPD; CH 9. A Lacanian Approach; CH 10. Imagery Rescripting and Reprocessing Therapy; CH 11. Unified Therapy with BPD; CH 12. Similarities and Differences in Treatment Modalities Index
Sommario/riassunto	Talks about Borderline personality disorder, a term within the field of clinical psychology which came to possess specific stereotypes and negative meanings. This book applies a variety of modalities to identify treatment goals, including: selecting assessment tools, conceptualizing progression, pinpointing pitfalls, and developing techniques.