1. Record Nr. UNINA9910824615803321 Titolo Inside music therapy: client experiences / / edited by Julie Hibben Gilsum, New Hampshire:,: Barcelona Publishers,, 2004 Pubbl/distr/stampa ©2004 **ISBN** 1-283-36697-5 9786613366979 1-891278-66-5 Descrizione fisica 1 online resource (288 p.) Disciplina 615.85154 Soggetti Music therapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references. Nota di contenuto Cover; Inside Music Therapy: Client Experiences; Inside Music Therapy: Client Experiences Edited by Julie Hibben; This book is dedicated to the people whose courage is described in their stories and to Ken Bruscia, who had the vision to ask for them.; Table of Contents; Music Therapist Contributors; Preface; Introduction; Part I: Clients Write About Their Experiences; 1. When Words Are Not Enough; 2. Out of the Ashes: Transforming Despair into Hope with Music and Imagery: 3. Dealing with Physical Illness: Guided Imagery and Music and the Search for Self 4. Tools of Rediscovery: A Year of Guided Imagery and Music 5. Freedom, Emotions, Togetherness; 6. Emerging Through Music: A Journey Toward Wholeness with Guided Imagery and Music; 7. Chaos, Crisis, Development, Cosmos; 8. Experiencing the Music in Guided Imagery and Music; Part II: Clients Tell About Their Experiences in Their Own Words, Gathered by Their Therapists; 9. The Quiet Soldier: Pain

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Sommario/riassunto

33 fascinating narratives told from inside the music therapy room, some written by clients, some by parents, and some by therapists and researchers-all aimed at giving the client's personal perspective on what transpired there. In contrast to professional case studies which describe what therapists did and what they were thinking, these narratives reveal how music therapy is perceived and evaluated by clients. Basic but essential questions are posed: How do they feel about working in music? What meaning do they give to their experiences? How does music therapy affect their lives? Intended for