

1. Record Nr.	UNINA9910824612203321
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Titolo	Positive psychology in Christian perspective : foundations, concepts, and applications // Charles Hackney
Pubbl/distr/stampa	Downers Grove, Illinois : , : IVP Academic, an imprint of InterVarsity Press, , [2021] Â©2021
ISBN	0-8308-2871-0
Descrizione fisica	1 online resource (331 pages)
Disciplina	261.515
Soggetti	Christianity - Psychology Psychology and religion Positive psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	"Positive psychology is about fostering strength and living well-about how to do a good job at being human. Charles Hackney connects this still-new movement to foundational concepts in philosophy and Christian theology. He then explores topics such as subjective states, cognitive processes, and the roles of personality, relationships, and environment"--