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Titolo	Manual of psychosocial rehabilitation // edited by Robert King [and four others] ; foreword by Gary Bond
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Descrizione fisica	1 online resource (258 p.)
Altri autori (Persone)	KingRobert <1949-> BondGary
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Soggetti	Mentally ill - Rehabilitation
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Manual of Psychosocial Rehabilitation; Contents; Foreword by Gary R. Bond; 1 Introduction; Terminology; Organisation of the book; The authors; Reference; Part I Assessment Tools; 2 Assessment of Symptoms and Cognition; Symptom rating scales; Measures described in this chapter; Self-report versus practitioner-rated measures; Assessment of depression; Non-specific measures of psychiatric symptoms; Cognitive functioning measures; Substance misuse measures; References; 3 Assessment of Functioning and Disability; Introduction; Assessment of impairment; Assessment of daily functioning Assessment of insight Assessment of side-effects; Feedback to clients, families and carers and others in the treating team; References; 4 Assessment of Recovery, Empowerment and Strengths; Recovery; Empowerment; Strengths; References; 5 Assessing Quality of Life and Perceptions of Care; Quality of life; Satisfaction; References; Part II Therapeutic Skills and Interventions; 6 Deciding on Life Changes: The

Role of Motivational Interviewing; What is motivational interviewing?; Does motivational interviewing require the practitioner to endorse unhealthy lifestyles?; Making the external internal
Rolling with resistanceIntroducing the bigger picture: values and priorities; Building self-efficacy; From decision to action?; Modifying motivational interviewing for schizophrenia; References; 7 Individual Recovery Planning: Aligning Values, Strengths and Goals; Socialising the person to goal-setting processes; Building strength; Clarifying values and valued life directions; Align goals with valued life directions; Specify target goals; Identify levels of success; Review the goal plan; Collaborative action planning and monitoring; Action planning steps; References
8 Activation and Related InterventionsIntroducing behavioural activation; Reviewing current activities and showing links with mood; Review of activities; Making a plan; Review how the plan went; Life areas, values and activities; Integrate the activity record with life areas, values and activities; Subsequent sessions; Ending a behavioural activation programme; Supplementing behavioural activation with cognitive interventions; References; 9 Cognitive Remediation; Step 1: start with some psychoeducation; Step 2: get an accurate baseline assessment; Step 3: some further psychoeducation
Step 4: check motivational levelStep 5: designing and beginning a brain workout programme; Step 6: sustaining a brain workout programme; Step 7: integrating cognitive remediation with a broader rehabilitation programme; Resources; References; 10 Treatment Adherence; Introduction and key concepts; Step 1: develop a hypothesis as to why Angela is experiencing difficulties with her medication at this time; Step 2: help Angela recognise patterns in the past and link these to Angela's goals; Step 3: link Angela's stressors and vulnerability
Step 4: normalise Angela's experiences and link changes to personally relevant goals

Sommario/riassunto

Psychosocial Rehabilitation is a comprehensive ready- reference for mental health practitioners and students, providing practical advice on the full range of interventions for psychosocial rehabilitation. It contextualises the interventions described and provides pointers to enable the reader to explore the theory and research. This manual recognises the wide-ranging impact of mental illness and its ramifications on daily life, and promotes a recovery model of psychosocial rehabilitation and aims to empower clinicians to engage their clients in tailored rehabilitation plans. The book
