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Nota di contenuto	Cover; Contents; Preface; Part 1: The Core Beliefs of Evidence-Based Practice; 1 - An Explanation of Evidence-Based Practice; 2 - A Simple Guide to Reading and Understanding Practice Research; 3 - The Importance of Critical Thinking in Evidenced-Based Practice; 4 - Locating Relevant Clinical Research; Part 2: How Evidence-Based Practice Views Diagnosis, Assessment, and Worker-Client Relationships; 5 - Using Evidence-Based Practice in Diagnosis; 6 - Evidence-Based Practice and Psychosocial Assessments; 7 - Evidence-Based Practice and the Client-Worker Relationship Part 3: Evidence-Based Practice With Special Client Populations8 - Evidence-Based Practice With Cluster B Personality Disorders; 9 - Evidence-Based Practice With Victims of Violence and Terrorism; 10 - Evidence-Based Practice with Substance Abusers; 11 - Evidence-Based Practice With Mental Illness and Severe Mood Disorders; 12 - Evidence-Based Practice With Terminal Illness and Bereavement; 13 - Evidence-Based Practice With Anxiety and Depression in Older Adults; Part 4: Evidence-Based Practice and Alternative Approaches to Helping 14 - Evidence-Based Practice and the Significance of Religion and Spirituality15 - Evidence-Based Practice and the Effectiveness of Indigenous Helpers and Self-Help Groups; Part 5: Evidence-Based Practice and Future Trends, Social Involvement, and Final Words; 16 -

The Future of Psychotherapy; 17 - Some Final Words; Index

Sommario/riassunto

Covers the use of research & critical thinking to assist helping professionals make the most effective choices in treating clients with social & emotional problems.