Record Nr. UNINA9910824371603321 Autore Hardy Sheila Titolo The primary care guide to mental health [[electronic resource] /] / Sheila Hardy and Richard Gray Cumbria, U.K., : M&K Pub., 2012 Pubbl/distr/stampa **ISBN** 1-280-12072-X 9786613524584 1-907830-10-3 Edizione [1st ed.] Descrizione fisica 1 online resource (117 p.) Altri autori (Persone) GrayRichard Disciplina 610.73430941 616.2 Soggetti Mental health services Primary care (Medicine) Integrated delivery of health care Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Prelims; Contents; Foreword; Glossary of terms; Introduction; Chapter 1 Recovery; Chapter 2 Depression; Chapter 3 Anxiety; Chapter 4 Depression and anxiety; Chapter 5 Depression and anxiety in longterm conditions; Chapter 6 Dementia; Chapter 7 Sleep disturbance; Chapter 8 Severe mental illness; Chapter 9 Monitoring the physical health of people with a severe mental illness; Chapter 10 Medicines; Chapter 11 Other mental health problems; Chapter 12 A rough guide to the Mental Health Act: Index Sommario/riassunto One in three or four patients seen in primary care has a mental health problem. There are straightforward and effective treatments available for many of these conditions and the primary healthcare clinicians themselves can treat some successfully. Many secondary care services for mental health are working towards earlier discharge, making primary care an important place for delivering mental healthcare. This has been recognised in the Quality and Outcomes Framework, giving

clinicians in primary care responsibility for recognising and treating a

certain number of mental illnesses. Clinicians in