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Nota di contenuto	Youth at risk : A Prevention Resource for Counselors, Teachers, and Parents; Table of Contents; Preface; Acknowledgments; Meet the Editors; Meet the Authors; Part 1: Introducing the Problem; Chapter 1: Defining Youth at Risk; A Foundational Perspective; Behaviors and Causal Factors; Origins of Causal Factors; Resilience; Prevention and Crisis Management Paradigm; Prevention; Crisis Management; Summary; Useful Websites; References; Chapter 2: Prevention: An Overview; Defining Qualities of Prevention; Approaches to Prevention; Primary Prevention; Secondary Prevention; Tertiary Prevention Types of Primary PreventionDeveloping Life Skills; Enhancing Interpersonal Communication; Learning Strategies for Cognitive Change; Achieving Self-Management and Self-Control; Coping With Stress; Planning Prevention Programs; Summary; Useful Websites; References; Chapter 3: Resilience: Individual, Family, School, and Community Perspectives; Resilience Defined; Resilience: Factors, Perspectives, and Practices; Emmy E. Werner: The Mother of Resilience;

Changing Perspectives and Practices; Discourses of Risk, Racism, Poverty, and Careers; Risk Discourse; Racism Discourse; Poverty Discourse

Careers Discourse Approaches to Fostering Resilience; Structured Narrative; Resilience and Youth With Disabilities; Adaptations for Diversity; Summary; Useful Websites; References; Part 2: Examining the Problem; Chapter 4: The Impact of Dysfunctional Family Dynamics on Children and Adolescents; Problem Definition; Moderate Dysfunction; Severe Dysfunction; Causal Factors; Specific Family Factors; Incidence Levels and Impact of Abuse and Neglect; Approaches to Prevention; Individual Level; Family Level; School Level; Community Level; Adaptations for Diversity; Summary; Useful Websites

References Chapter 5: "Who Cares What I Think?": Problems of Low Self-Esteem; Definitions of Self-Esteem; Indicators of Low Self-Esteem; Causal Factors; Parental Influences on Self-Esteem; Individual Influences on Self-Esteem; Social Influences on Self-Esteem; Psychological Influences on Self-Esteem; Physical Influences on Self-Esteem; Environmental Influences on Self-Esteem; Approaches to Prevention; Individual; Family; School; Community; A Global Approach to Prevention; Adaptations for Diversity; Summary; Useful Websites; References

Chapter 6: Identifying and Preventing Mood Disorders in Children and Adolescents Causal Factors; Prevention; Individual; Family; School; Community; Adaptations for Diversity; Summary; Useful Websites; References; Chapter 7: Stress and Trauma: Coping in Today's Society; Problem Definition; Perspectives on Stress and Traumatic Stress; Stimulus-Oriented Views; Response-Oriented Views; Stress as a Transaction Between Person and Environment; Causal Factors; Life-Event Stressors; Traumatic Stress; Natural Disasters; Home and Family Stress; Chronic Illness; Child and Family Abuse Divorce and Marital Dissolution

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### Sommario/riassunto

In the latest edition of this best-selling text, David Capuzzi and Douglas Gross, along with 24 experts in the field provide a prevention-intervention paradigm to address contemporary issues facing today's youth. Written from a systemic perspective, this book offers guidance in helping teens who are struggling with the complex challenges that can be brought on by peers, family members, and difficult social environments. Part 1 presents information on at-risk population identification, causal factors of problematic behaviors, and promotion of resiliency in youth. Part 2 examines the dev

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