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	Autore	Miller Melissa Lynn
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	Sommario/riassunto	Mind, Motivation, and Meaningful Learning: Strategies for Teaching Adult Learners provides a blueprint that academic librarians can apply to their instructional design that facilitates a change in students' motivation and learning strategies. It provides the tools necessary to teach learners to identify, evaluate, and apply appropriate cognitive, learning, and motivation strategies based on course content and a deeper understanding of the metacognitive component of meaningful learning. Five chapters explore the theories behind adult learning, culminating in a seven-unit curriculum scalable to a variety of learning domains complete with lesson plans, activities, assessments of the learning goals, and student reflections.