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Sommario/riassunto	What makes the mind develop? What helps children grow up? When can we think of ourselves as adults? Why do we fall in love? Why do our feelings sometimes 'get in the way'? How do families affect us? What is mental illness and what is normal? These are just some of the questions discussed in this new reissue of the classic Talking Cure: Mind and Method of the Tavistock Clinic. It has long been known that having someone listening carefully to what we say can help us make

sense of life and cope better with its difficulties. In a unique synthesis of modern human relations, psychology, and science, experienced psychotherapists from the renowned Tavistock Clinic explore the power of the mind and the importance of therapy. Talking Cure shows how the mind operates through all stages of life. Drawing on Tavistock Clinic research and case studies, it demonstrates just how much "the heart has its reasons the reason knows not of".
