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Altri autori (Persone)	MijaresSharon G <1942-> (Sharon Grace) KhalsaGurucharan Singh
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Psychospiritual Approaches for Treating Anxiety; Introduction; Traditional Diagnosis and Psychotherapeutic Treatment; Pharmaceutical Treatment and the Placebo Effect; Psychospiritual Perspectives; Psychospiritual Treatment; Conclusion

Chapter 4. Sacred Wounding: Traumatic Openings to the Larger SelfIntroduction; Traditional Diagnostic and Treatment Models; Cross-Cultural Paradigms; Myth and Religion: Archetypal Themes of Abuse and Self-Discovery; Self-Relations Psychotherapy; Grounding in the Body: Somatic Awakening; Conclusion; Chapter 5. Eating Disorders As Messengers of the Soul; Introduction; Traditional Etiology; The Roots of Disordered Eating: Toward a New Etiology; Utilizing the Language of Metaphor Within the Therapeutic Setting; Reconnecting; Conclusion: Remembering the Spirit; Appendix

Chapter 6. Getting Focused in an Age of Distraction: Approaches to Attentional Disorders Using the Humanology of Yogi BhajanA Growing Need-Prevalence and Changing Diagnosis; Etiology; Treatment Approaches with Humanology; Conclusion; Chapter 7. Dissociative Identity Disorder and Psychospiritual Perspectives; How Many Souls Are in This Body?; Cognitive Errors About God; Cognitive Errors About Suicide; Spiritual Alter Personalities-Good and Evil; Memories of Satanic Ritual Abuse; Exorcism As a Psychotherapy Technique; The Battle Between Good and Evil; Conclusion

Chapter 8. Alternative Treatments for Borderline and Narcissistic Personality DisordersIntroduction; Personality Disorders; Emergence of the Psychospiritual Therapies As Treatments for Personality Disorders; Humanological Therapy; Using Humanology with Borderline Personality Disorder Patients; Using Humanology with Narcissistic Personality Disorder Patients; Conclusion; Chapter 9. Assessment and Treatment of Conduct Disorders: A Moral Reasoning Model and Psychospiritual Approach; Introduction; The Case for Spiritual Intervention; A Therapeutic Model of Ethical Decision Making

Spiritual Techniques in the Treatment of Conduct Disorder

Sommario/riassunto

Learn to treat a variety of diagnostic disorders through various psychospiritual treatment models!Increasing numbers of people are moving beyond psychological therapy to seek alternative spiritual perspectives to medical and mental health care such as yoga and meditation. The Psychospiritual Clinician's Handbook: Alternative Methods for Understanding and Treating Mental Disorders provides the latest theoretical perspectives and practical applications by recognized experts in positive and integrative psychotherapy. Leading clinicians examine and re-examine their therapeutic wor
