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Autore	Dayringer Richard
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Altri autori (Persone)	EicherByron
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Nota di contenuto	Cover; Half Title; Title Page; Copyright Page; Dedication; Table of Contents; Foreword; Preface; Chapter 1: Recognizing Those Who Are Depressed; Chapter 2: Transactional Analysis Dealing with Depression; Chapter 3: Pastoral Counseling Dealing with Depression; Dealing with Depletion and Emptiness; Finding and Giving Affirmation; Chapter 4: Gestalt Therapy Dealing with Depression; Chapter 5: Behavior Therapy in Dealing with Depression; Behavior Therapy Defined; Treatment of Depression with Behavior Modification; Confrontational Therapy; Habit Extinction Through Frequency-of-Responding Procedure Time Projection Method Rubber Band-Snapping Method; "Stop-Thought" Method; Emotional Provocation and Expression; Sensory Deprivation Method; Treatment Based on Premack's Differential Probability Hypothesis; Token Economy Treatment Method; Desensitization Procedures; Environmental; Conclusion; Chapter 6: Cognitive Therapy Dealing with Depression; Historical Development; Rational-Emotive Therapy; Premises of Cognitive Theory; Characteristics of Cognitive Therapy; Chapter 7: Medical-Religious Case Conference; Case Presentation; Presenting Problem; Description and

Brief History

Initial Evaluation
Initial Recommendation; Recapitulation of the Counseling Relationship; Clinical Pastoral Appraisal; Discussion of Case Presentation; Patient Interview; Evaluation and Suggestions by the Panel; Chapter 8: Clergy Dealing with Depression; Appendix I: Mood Disorders; Appendix II: Mania/Hypomania; Appendix III: Pleasant Events Schedule; Index

Sommario/riassunto

This important book explores strategies to enable clergy and lay persons to identify and help individuals suffering from depression. It contains many techniques that can be used in managing depression, including coping devices, treatments, and interventions which actually help depressed persons to improve their mental health. Dealing With Depression describes types of depression and related symptoms to help clergy develop a more complete understanding of the disorder. They will learn to recognize the symptoms of depression and be better able to help individuals who suffer from it. Th
