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Titolo	The two of me : the rational outer me and the emotional inner me // John Birtchnell
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ISBN	1-135-42547-7 1-135-42548-5 1-280-05640-1 0-203-50197-7
Descrizione fisica	1 online resource (320 p.)
Disciplina	150.19/8
Soggetti	Consciousness Subconsciousness Interpersonal relations Philosophy of mind
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [277]-292) and indexes.
Nota di contenuto	The birth of an idea -- The outer me -- The inner me -- Psychodynamic distinctions -- Cognitive distinctions -- Survival -- Reproduction -- Relating -- Sensory input -- Emotion -- Memory -- Motor action -- Communication and language -- Mental activity -- Deception and self-deception -- Delusions and hallucinations -- Dreams -- The arts -- Humour -- Religion.
Sommario/riassunto	How much of what we do is directed by conscious, deliberate decisions and how much originates in unconscious, automatic directives? This is the question explored in The Two of Me via an engaging combination of phenomenological subjective investigation and objective considerations of mental processes and specific structures. John Birtchnell puts forward the thesis that many more of our actions than we might imagine are determined unconsciously. Not only are unnoticed automatic actions motivated unconsciously, but also seemingly conscious or 'thought out' behaviours are actually determi