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Sommario/riassunto

Vitamins in Animal and Human Nutrition contains concise, up-to-date information on vitamin nutrition for both animals and humans. The author defines these nutrients and describes their fascinating discovery, history and relationship to various diseases and deficiencies. Discussion of vitamins also includes their chemical structure, properties and antagonists; analytical procedures; metabolism; functions; requirements; sources; supplementation and toxicity. Vitamin-like substances, essential fatty acids and vitamin supplementation considerations are also examined.
